

The financial impact of diabetes on employers



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About diabetes

- Diabetes is a group of diseases characterized by high blood glucose or sugar levels that result from defects in the body's ability to produce and/or use insulin.
- Although diabetes cannot be cured, it can be managed.
- With nearly two million new cases diagnosed each year, diabetes is becoming more prevalent in the United States and is the most common endocrine disease.

\$245.5 Billion

annually in healthcare utilization

\$90 Billion

in lost productivity¹

\$20.4 Billion

in higher absenteeism²

30M

Americans affected by diabetes

6.3%

The prevalence of diabetes among **full-time employees** is 6.3%³

7.2M

people living with diabetes are undiagnosed

58M

Nearly **58 million** additional days of unplanned missed work each year among workers who have been diagnosed with diabetes, compared with their counterparts who do not have diabetes.⁴

Average medical expenditures among people with diagnosed diabetes were about **2.3 times higher** than expenditures for people without diabetes

2.3 ↑

1. <https://www.premisehealth.com/blog/the-cost-of-diabetes-in-seven-graphs/>
2. <https://wellbeingindex.sharecare.com/diabetes-us-economic-well-being-impact/>
3. <https://www.managedcaremag.com/archives/2018/1/diabetes-costs-employers-20b-unplanned-sick-days>
4. <https://news.gallup.com/poll/221078/diabetes-costs-economy-estimated-266b-annually.aspx>