

# Aging and Eye Health

Our eyes are affected by aging, just like the rest of our bodies. Some of the conditions that occur are as follows:

1

## Decreased Night Vision

Decreased ability to read or see at night



2

## Cataracts

Changes in the lens in your eyes that decrease clarity

3

## Glaucoma

An increase in pressure in your eyes, which can decrease your vision

4

## Macular Degeneration

Damage to the central area of vision

5

## Dry Eyes

As we age, our eyes tend to have more dryness



To keep your eyes healthy, it is important to have annual eye exams. Check the Eye Care Professional Locator tool at [davisvision.com](https://davisvision.com) or [superiorvision.com](https://superiorvision.com) to find an optometrist near you.