

Prevent Eye Injuries in the Workplace

Did you know that nearly **20,000 workplace eye injuries** happen every year?¹ These injuries range from simple eye strain to severe trauma that can cause permanent eye damage or vision loss. They often require one or more missed work days for recovery. To keep employees safe and save organizations money, use the following tips to reduce workplace-related eye injuries.



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of serious eye injuries can be avoided by wearing protective gear.

1. Provide Proper Eye Protection

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From non-prescription/prescription safety glasses and goggles to face shields, helmets and full-face respirators, the type of eye protection needed depends on the work environment.



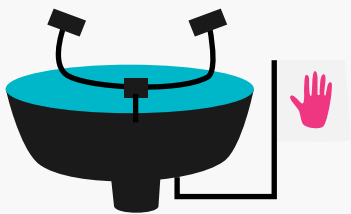
2. Inspect the Working Area Regularly

Assess all working areas and equipment your employees come in contact with on a regular basis for potential hazards.

3. Educate Your Employees

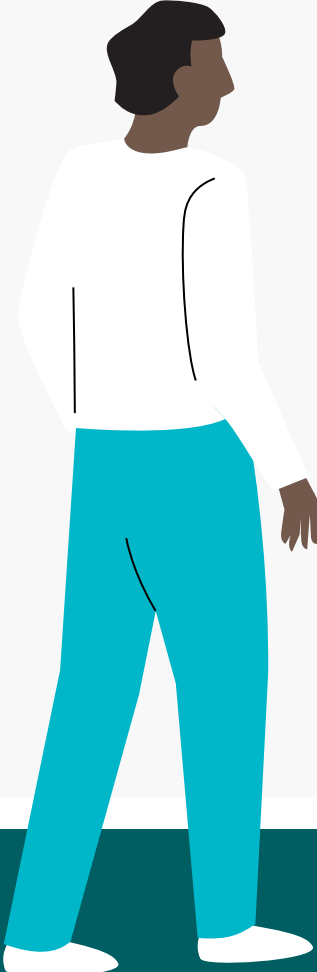
From employee orientation to annual training programs, make sure your employees are constantly aware of the importance of protective eyewear.

EYEWASH



4. Plan for an Emergency

Place eyewash stations and basic first aid kits throughout the workplace so that employees are equipped for an emergency.



SAFETY

5. Display Your Safety Plan and Educational Material

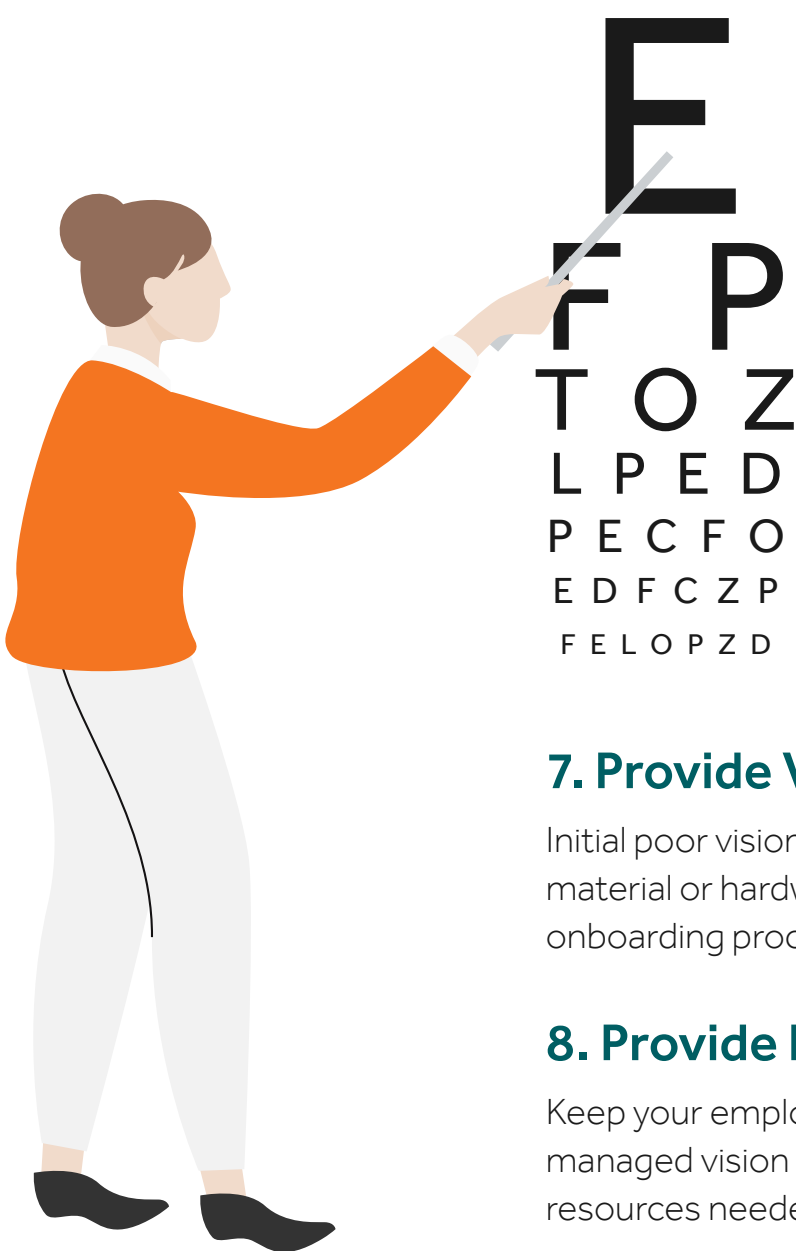
Place eye safety program material where employees are most likely to see it.

6. Limit Consistent Screen Usage Over Time

Constantly focusing on a screen can cause eye strain.¹ Encourage employees to look away from the computer screen every 20 minutes and lower the screen brightness on their devices.



Employees should look away from the computer screen every **20 minutes.**



7. Provide Vision Screenings

Initial poor vision can cause serious issues when handling hazardous material or hardware.¹ Conduct vision screenings during the onboarding process.

8. Provide Routine Vision Benefits

Keep your employees safe with vision coverage. Partnering with a managed vision care company can provide your workplace with the resources needed to stay safe.

Learn more about Versant Health today at versanthealth.com.



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Source

1. <https://www.aao.org/eye-health/tips-prevention/injuries-work>