

# See the Bigger Picture: Why Annual Eye Exams Matter



## Your Eyes Can Reveal More Than You Think

A comprehensive eye exam isn't just about updating your glasses — it's a powerful tool for detecting early signs of serious health conditions. Eye exams are important for people of all ages, especially children, as many vision and health issues can happen at any stage in life. Catching these signs early can lead to faster diagnosis, better treatment, and improved overall health.

### Health Conditions That Can Show Up in Your Eyes

Alzheimer's Disease	High Blood Pressure	Rheumatoid Arthritis
Candidiasis	High Cholesterol	Sarcoidosis
Chronic Kidney Disease	HIV / AIDS	Sjögren's Syndrome
Congestive Heart Failure	Leukemia	Stroke
COVID-19	Lupus	Syphilis
Crohn's Disease	Lyme Disease	Thyroid Disease
Depression	Macular Degeneration	Toxoplasmosis
Diabetes	Melanoma	Tuberculosis
Glaucoma	Multiple Sclerosis	Ulcerative Colitis
Graves' Disease	Psoriatic Arthritis	<i>and many more...</i>

## What Happens During a Comprehensive Eye Exam?

- Vision testing and health screening
- Eye pressure check (for glaucoma)
- Refraction to determine prescription
- Dilated eye exam to view blood vessels and nerves

### Schedule Your Annual Eye Exam Today!

Don't wait for symptoms. Many eye and health conditions are silent in the early stages. An annual eye exam could be the first step in protecting your vision — and your life.